



Sick Child Policy and Procedure

At Lara Nursery it is our policy to encourage and promote good health and hygiene for all the children in our care. This includes monitoring the children for signs and symptoms of childhood illnesses such as coughs, colds, chicken pox, diarrhoea, vomiting and temperatures above the norm. We request that parents and carers ensure that children are well enough to attend nursery and to participate in their usual day-to-day activities whilst at nursery. We have a 'Well Child' assessment tool which will help you to identify if your child is well enough to attend nursery.

The nursery staff must consider the welfare of the ill child in mind and the best interests of the other children in the nursery. If a child is considered by staff to be too ill to be cared for at the nursery, then the parent/carer will be contacted. They will be asked to collect their child as soon as they are able to. The child will be made as comfortable as possible until collection and as much time and attention will be given to them as necessary, without having an adverse effect on the care of the other children. This may include support from the Nursery Manager or staff from other rooms.

In the case of a sudden or serious illness, the Nursery Manager is informed immediately and will then contact the parent/carer and/or emergency contacts and appropriate action will be taken. At all times the staff will remain calm and endeavour to reassure the child until the parent/carer arrives.

Sickness and Diarrhoea

If a child is unwell and vomits whilst at the setting then their parents will be contacted immediately and will be asked to collect their child from the setting. Children who have diarrhoea whilst at the setting will be monitored. After a child has three bouts of diarrhoea within a close time-period parents will then be contacted and asked to collect their child from the setting.

Exclusion Periods

In some cases, an exclusion period from the setting may apply. Nursery staff must be satisfied that the child is in good health before allowing the child back into the nursery. Exclusion periods as defined by UKHSA (Guidance on Infection Control in Schools and other Childcare Settings (2016)) will be followed.



Please note that in the case of vomiting and diarrhoea, we do ask all families and team members to adhere to the strict 48-hour exclusion period outlined by PHE. This is for the benefit of everyone in the nursery.

Broken bones

Should a child have suffered a serious injury resulting in a sprain, bone break/fracture or similar injury then the situation will be assessed to see if the nursery can safely manage the child's care while still recovering. Children will be allowed into the nursery setting at the discretion of the Nursery Manager. Our insurance provider may also need to be contacted before the child can attend the setting to ensure that all safety procedures and risk assessments are put in place to keep the child and other children on site safe and to prevent further harm or injury.

Medications

Parents are responsible for providing all prescription medications. The general permission for the administration of Calpol is included in the "Permissions" via the Family app. Please also see our Medications Policy.

High Temperatures

Should your child develop a temperature whilst at nursery you will be contacted and asked to collect your child immediately.

"A normal temperature in babies and children is about 36.4C, but this can vary slightly from child to child, A fever is a high temperature of 38C or more"
<https://www.nhs.uk/conditions/fever-in-children/>(NHS, 2020).

Staff can administer a single dose of children's paracetamol/Calpol whilst the child is awaiting collection, should permission to do so be given over the phone and with prior permission. In addition, children will be offered fluids to keep them hydrated, they will be kept comfortable, ensure that clothing is appropriate and loosened if able to do so, and kept out of draughts.

Children must be free of high temperatures for a minimum of 48 hours and be well enough to attend before returning to nursery.

Emergency contacts

Should your child become unwell, and we are unable to contact parents/carers or emergency contacts, we always have an emergency supply of liquid paracetamol (Calpol) that can be administered if your child's temperature is very



high – this will be administered to prevent convulsions and any prolonged suffering to your child. If your child is allergic to paracetamol, you **MUST** inform the setting upon enrolment or as soon as you are aware of this.

We take our guidelines on exclusion periods from nursery for illnesses from the NHS website, and Health Protection Agency nurses who are trained in communicable diseases.



Date this policy was reviewed:

Date this Policy was updated:

Name and Signature: